

Risk Assessment – Blair Trail Cycling

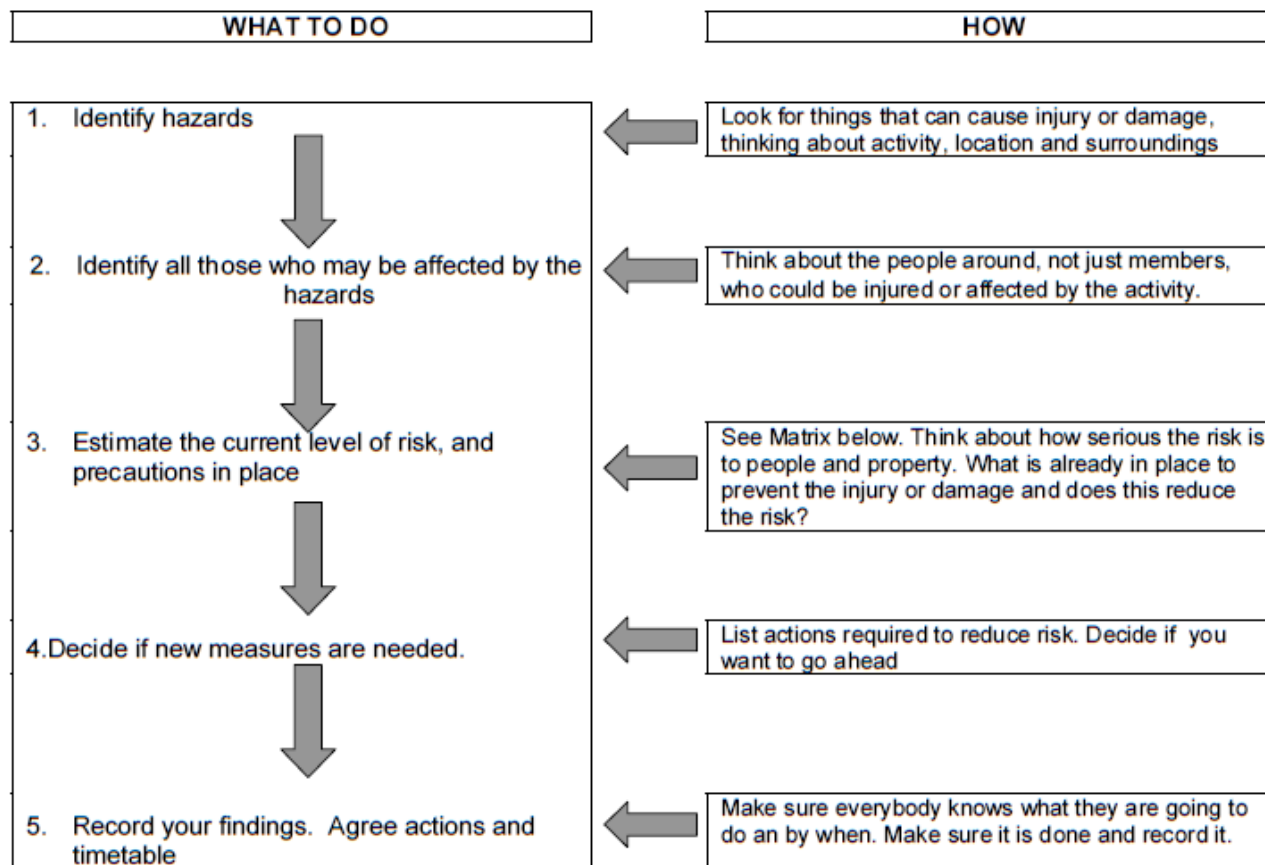
Event/Activity: Trail Cycling – Onsite		Date: 1st April 2021
Carried out by: Shiona Gilmour, Pen Hof, Charlotte Main		Updated: 5 th July 2023

Hazard	Who is affected?	What controls are in place?	Risk level (L/M/H)	Are further controls necessary?	Action by & date	Review by & date
Activity run by unqualified leader/s	<ul style="list-style-type: none"> Participants 	<ul style="list-style-type: none"> Activity is put on the REN Form and Qualification verified. Or relevant qualification for your organisation 	Med	No		

Hazard	Who is affected?	What controls are in place?	Risk level (L/M/H)	Are further controls necessary?	Action by & date	Review by & date
Trips/Slips/Falls	<ul style="list-style-type: none"> ● Leaders ● Participants 	<ul style="list-style-type: none"> ● Activity takes place in the natural environment where the ground is often uneven, wet, slippery ● No loose clothing. ● Initial safety briefing ● Sturdy footwear ● Helmets worn by all participants ● Route checked before use. ● Cycling ability checked before going around the trail. ● First Aid Kit on site and First Responders ● Phone Available ● Vehicle Available ● Medical forms ● Ratio according to guidelines 	Low	No		

Hazard	Who is affected?	What controls are in place?	Risk level (L/M/H)	Are further controls necessary?	Action by & date	Review by & date
Behaviour of Participants	<ul style="list-style-type: none"> ● Participants 	<ul style="list-style-type: none"> ● Ground rules set at the start of the activity. ● Incorrect behaviour – participant removed from the activity 	Low	No		
Equipment	<ul style="list-style-type: none"> ● Leaders ● Participants 	<ul style="list-style-type: none"> ● Damaged equipment removed from use, recorded as damaged in site log & reported to management committee ● Helmets fitted to participants before going out on bikes. 	Low	No		
Vehicles	<ul style="list-style-type: none"> ● Leaders ● Participants 	<ul style="list-style-type: none"> ● Close outer gate prior to start of the session ● Initial safety briefing 	Low	No		

RISK MANAGEMENT



RISK ASSESSMENT MATRIX

Likelihood Severity	Slight Harm	Harmful	Extremely Harmful
	superficial injuries, minor cuts and bruises	minor fractures, ill health leading to minor disability	multiple injuries, major fractures, fatalities
UNLIKELY Rarely happens	LOW	LOW	MEDIUM
LIKELY Often happens	LOW	MEDIUM	HIGH
VERY LIKELY Nearly always happens	MEDIUM	HIGH	HIGH

Helpful websites www.Girlguiding.org.uk

www.hse.gov.uk