

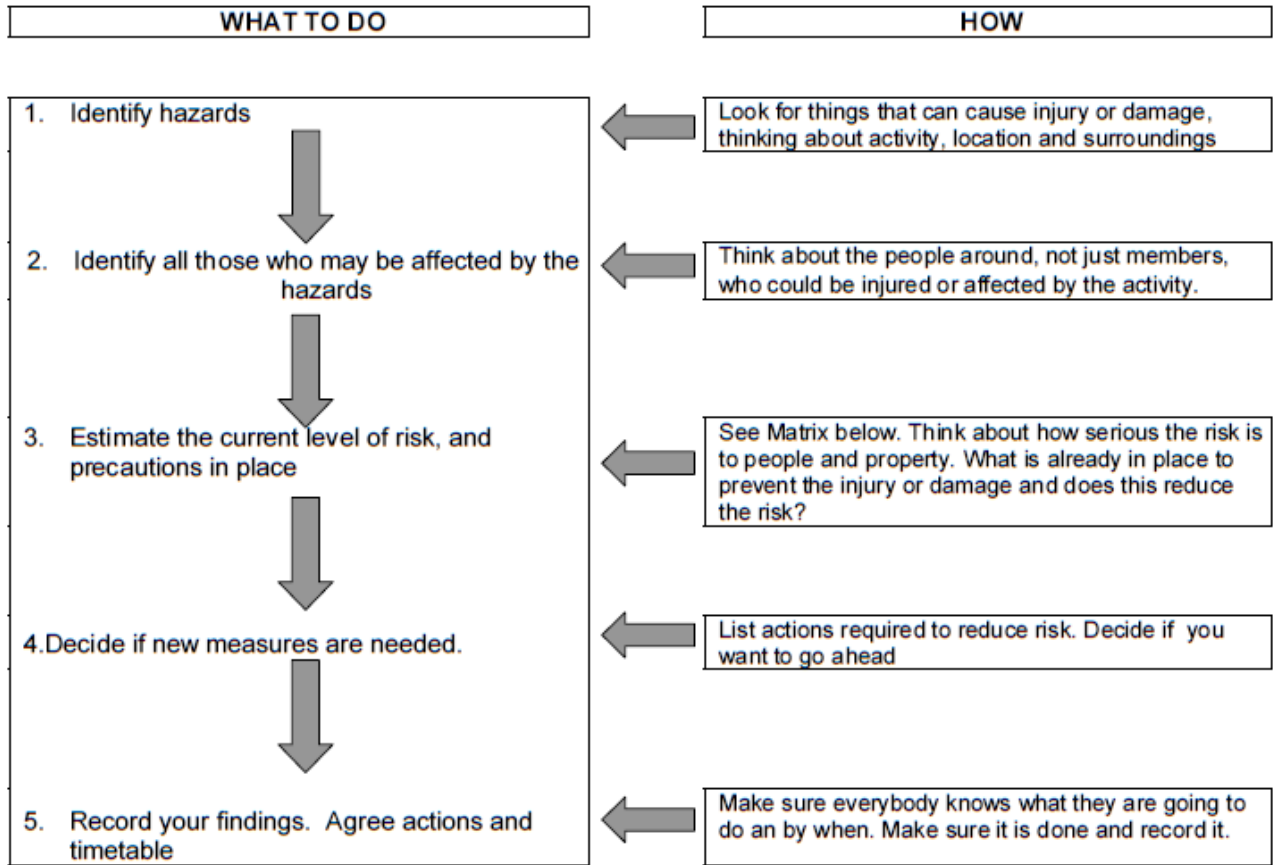


Risk Assessment Blair Trail Cycling

Event/Activity: Trail Cycling - Onsite					Date: 2 nd March 2019	
Carried out by: Shiona Gilmour, Catriona Gilmour, Charlotte Main			Updated:			
Hazard	Who is affected?	What controls are in place?	Risk level (L/M/H)	Are further controls necessary?	Action by & date	Review by & date
Trips/Slips/Falls	<ul style="list-style-type: none"> • Leaders • Participants 	<ul style="list-style-type: none"> • No loose clothing. • Initial safety briefing • Sturdy footwear • Helmets worn by all participants • Route checked before use. • Cycling ability checked before going around the trail. • First Aid Kit on site and First Responders • Phone Available • Vehicle Available • Medical forms • Initial safety Talk and safety procedures • Ratio of 1 adult to 10 children maximum. 	Low	No		

Hazard	Who is affected?	What controls are in place?	Risk level (L/M/H)	Are further controls necessary?	Action by & date	Review by & date
Behaviour of participants	<ul style="list-style-type: none"> Participants 	<ul style="list-style-type: none"> Ground rules set at the start of the activity. Incorrect behaviour - participant removed from the activity 	Low	No		
Equipment	<ul style="list-style-type: none"> Leaders Participants 	<ul style="list-style-type: none"> Damaged equipment removed from use. Helmets fitted to participants before going out on the bikes. Damaged equipment removed from use, recorded as damaged and place in the "Broken and Damaged Equipment" bucket. Recorded in the site log and reported at the end of the visit. 	Low	No		
Vehicles	<ul style="list-style-type: none"> Leader Participants 	<ul style="list-style-type: none"> Close outer gate prior to the start of the session Initial safety briefing 	Low	No		

RISK MANAGEMENT



RISK ASSESSMENT MATRIX

	Severity	Slight Harm	Harmful
Likelihood		superficial injuries, minor cuts and bruises	minor fractures, ill health leading to minor disability
UNLIKELY Rarely happens		LOW	LOW
LIKELY Often happens		LOW	MEDIUM
VERY LIKELY Nearly always happens		MEDIUM	HIGH
			Extremely Harmful multiple injuries, major fractures, fatalities